

How To Build A Simple Pain Relief Cap



None of the statements in this Document have been evaluated by the FDA.

- Furthermore, none of the statements in this document should be construed as dispensing medical advice, making claims regarding the cure of diseases
- You should consult a licensed health care professional before experimenting

0.1 Acquire solid copper wire size 14 gauge. Home depot hardware sells this wire.

Southwire | Model # 11579057 | Internet # 202316587 | Store SKU # 866:

500 ft. 14-Gauge Solid THHN Wire - Black

★★★★★ (1) [Write a Review](#) + [Questions & Answers \(1\)](#) +



You can save yourself work by purchasing solid bare copper wire size 14 gauge on ebay.com



Copper Wire Dead Soft Bare 99.9% 14 to 26 Gauge

Item condition: **New without tags**
"New wire, Spooled by vendor and shrink wrapped to retard tarnish."

Gauge:

Quantity: 7 available / **56 sold**

Price: **US \$8.28**

[Buy It Now](#)

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2 watching [Add to watch list](#)

0.2 Remove the packaging on your wire



If you have wire with insulation, you can save yourself work by using a Butane Micro Torch. Sold at hardware stores.

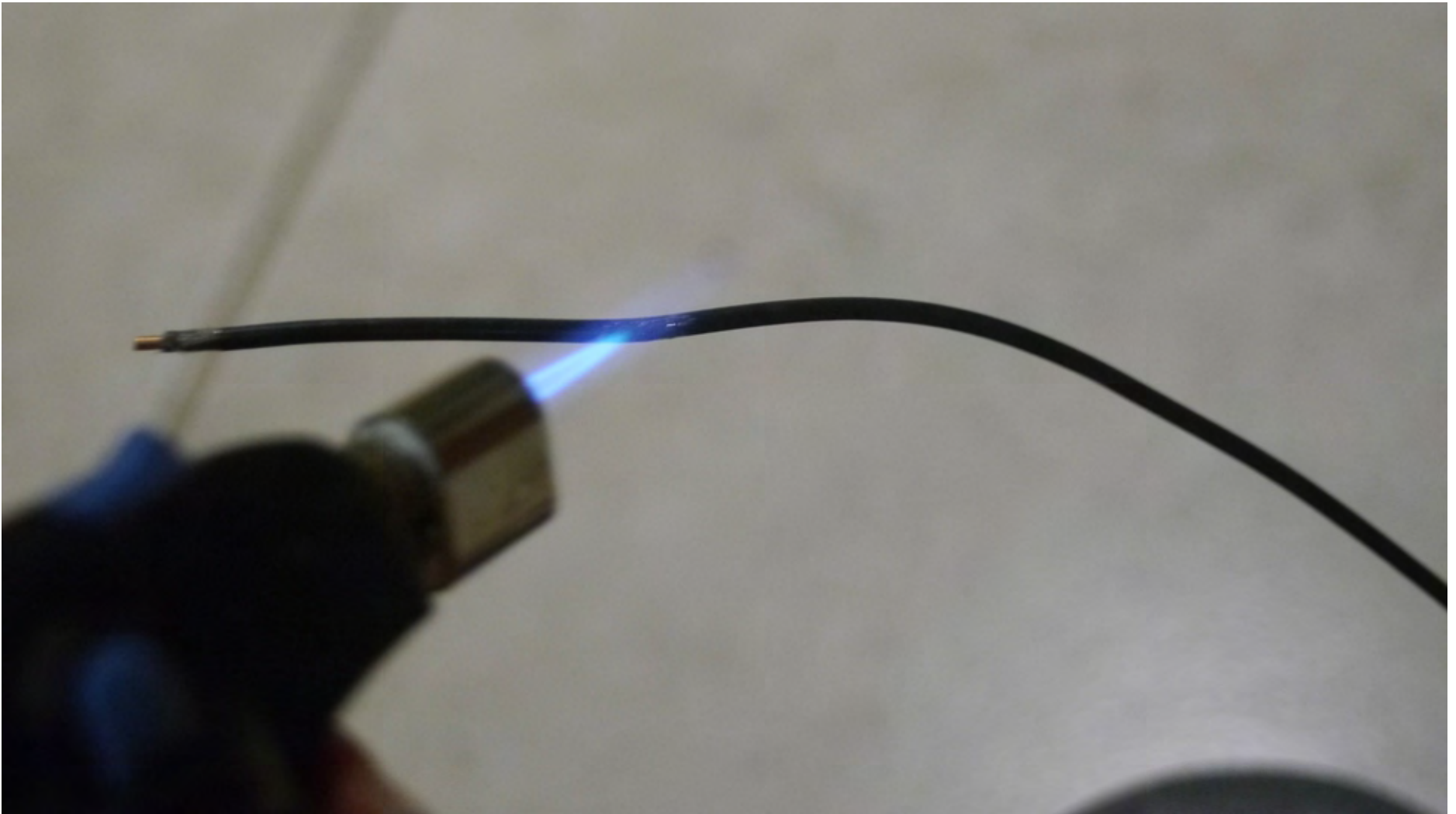
Bernzomatic | Model # 330194 | Internet # 100564678 | S

ST2200T Butane Micro Torch

★★★★★ (39) ✓ | Write a Review + | Questions & Answers (1) +



0.3 Heat the wire insulation. This will allow for easier removal.



0.4 Obtain a wire stripper from the Hardware store

Model # 84-199 | Internet # 203860092

8 in. Wire Stripper and Cutter and Crimper

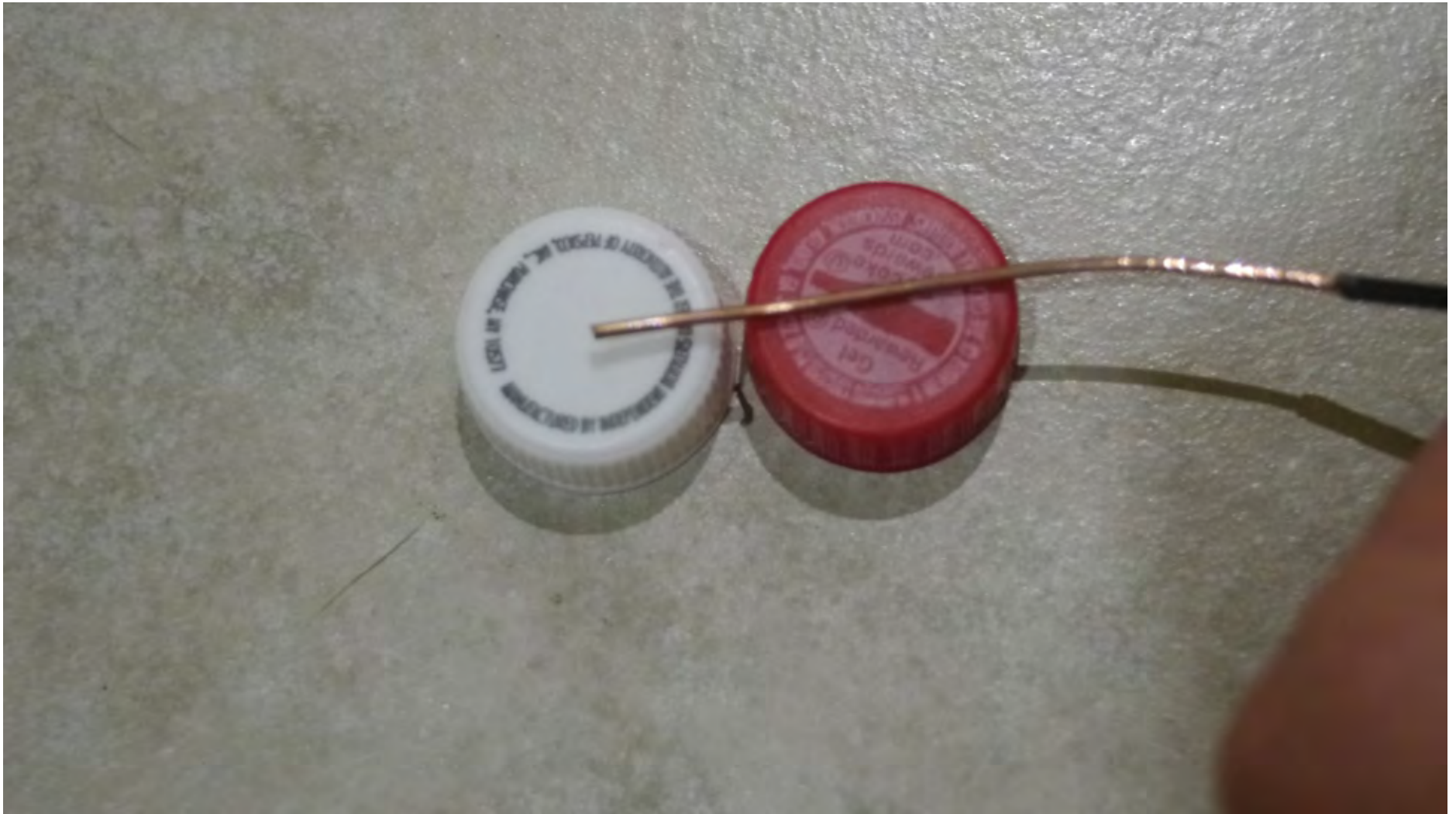
★★★★★ | [Write the First Review](#) + | [Ask the first question](#) +



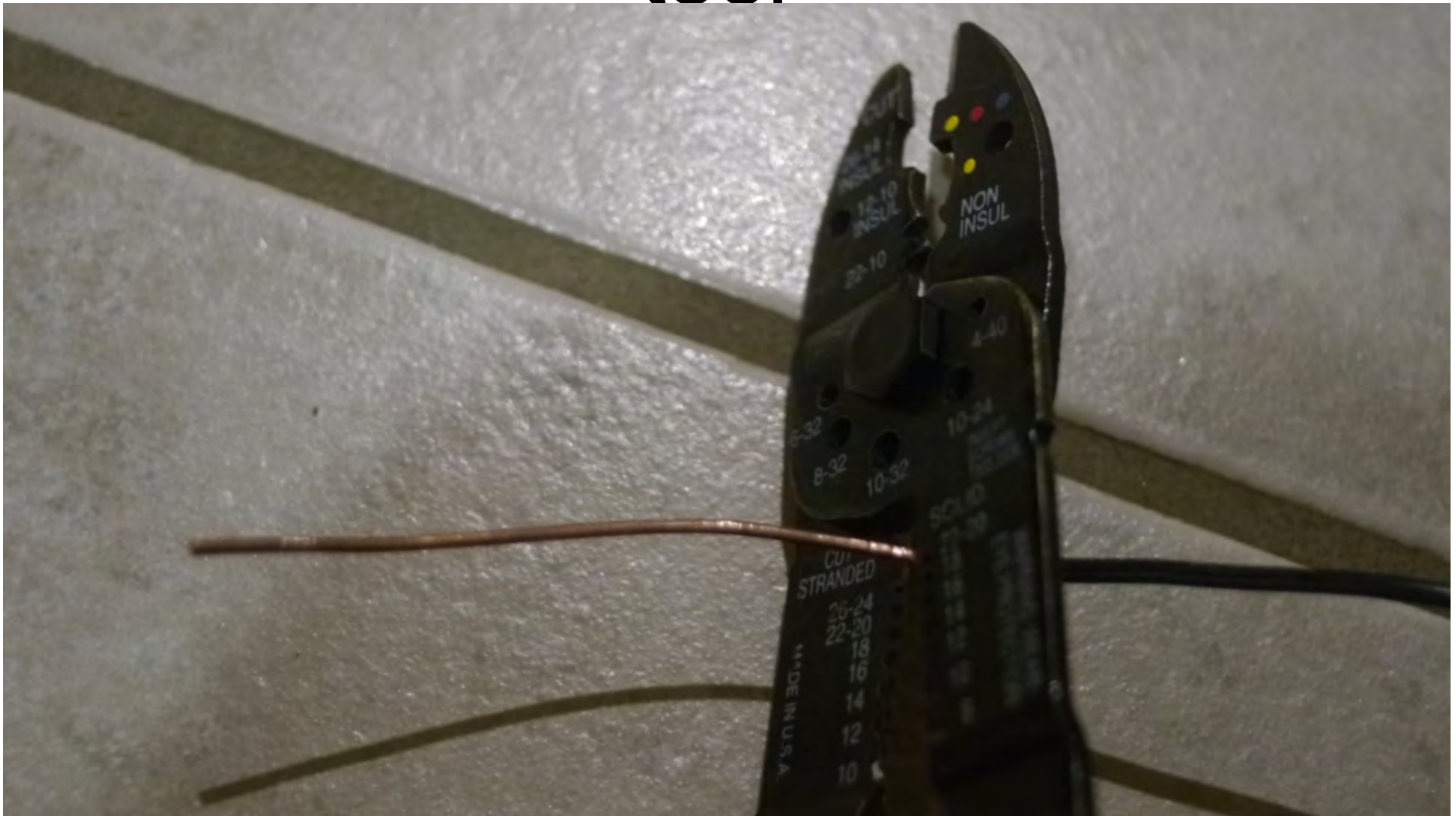
0.5 Strip away the heated wire insulation



0.6 Measure bare wire to the length of 1.5 (1 ½) plastic bottle caps



0.7 Cut the wire at the length of 1.5 bottle cap's width using the stripper tool



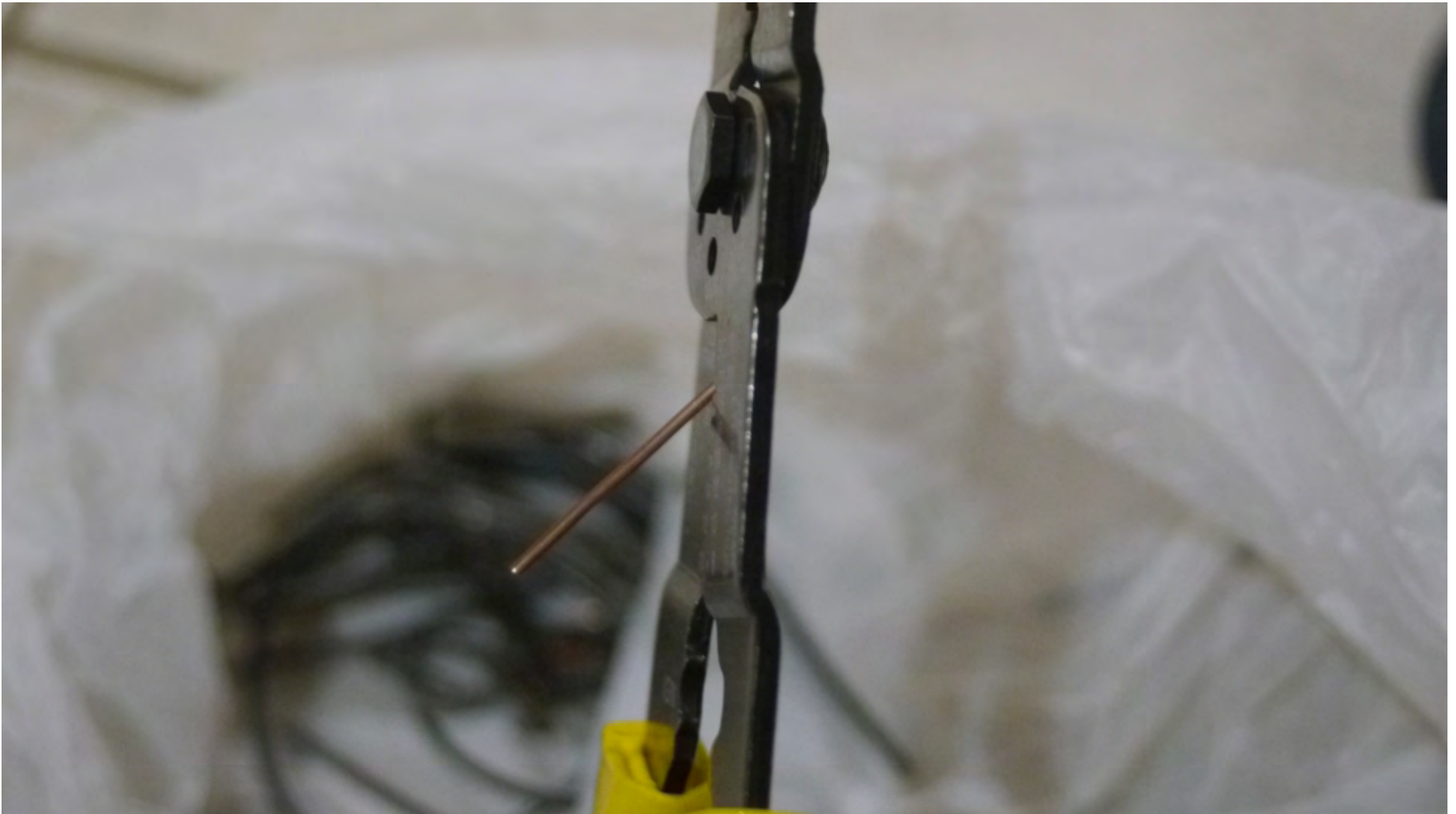
If the wire is shorter, that is ok



- 0.7 Prepare a grocery bag underneath.
- 0.8 cut wire edge at an angle



0.9 Rotate wire and cut again at an angle to make a sharp point



Point detail view



0.10 Repeat on opposite end of the wire



Wire detail view



Acquire hardware long nose pliers

Husky | Model # 48058 | Internet # 203287743 | Store SKU # 879776

6 in. Long Nose Pliers

★★★★★ (13)  [Write a Review](#) + [Ask the first question](#) +



Or acquire jewelry round nose pliers



Round Nose Pliers Hobby Craft Beading Jewellery Making Tool Black PS

Item condition: **New with tags**

Quantity: More than 10 available / **204 sold**

Price: **US \$2.38**

Buy It Now

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47 watching

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[Add to collection](#)

Limited quantity remaining

More than 89% sold

Free shipping

Seller

digital

99.4%

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0.11 Grasp the wire slightly off center with the round nose pliers



0.12 Bend The wire around the pliers into a U shape



Detail View



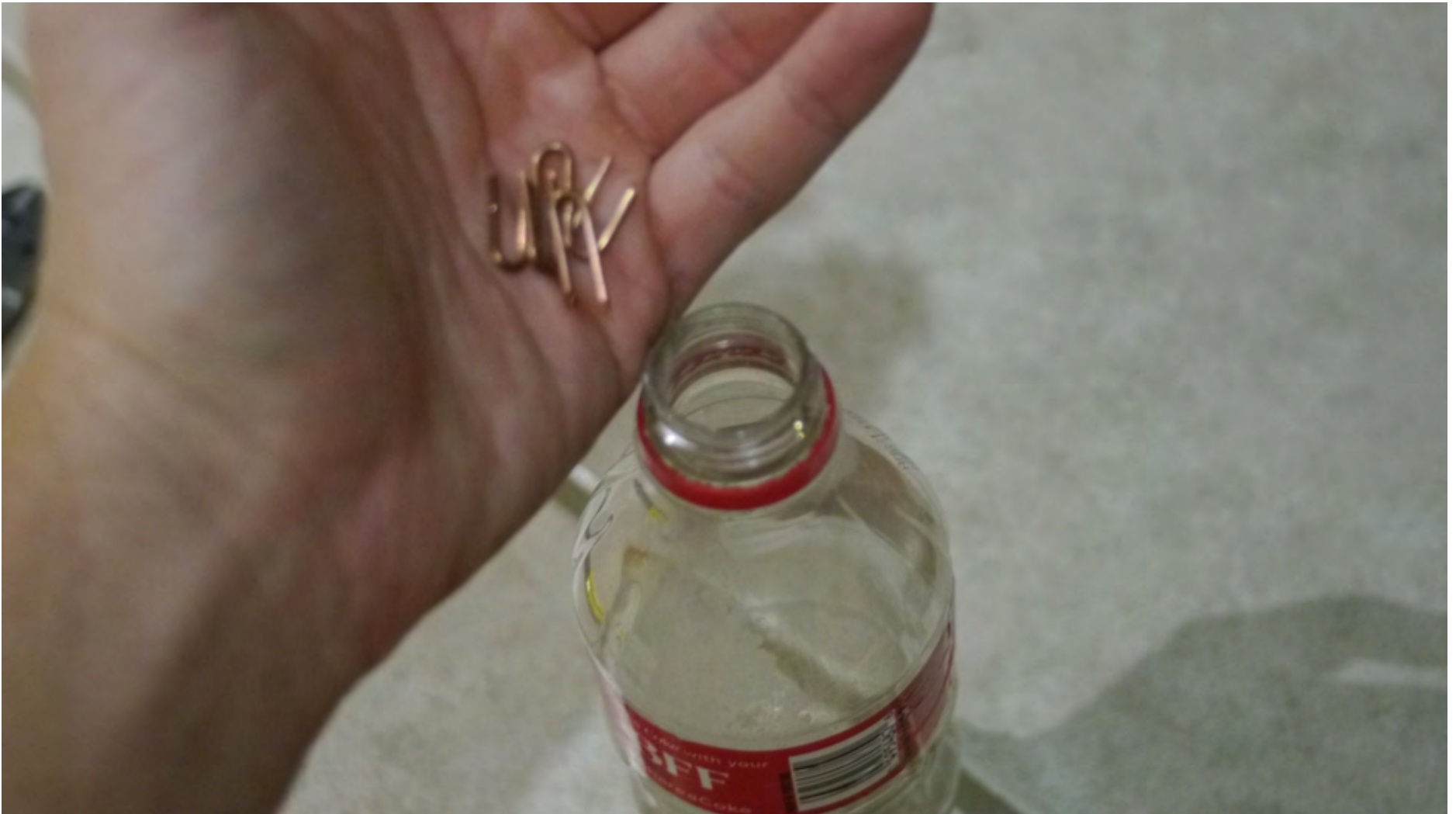
0.13 Repeat for several U wires



0.14 Ensure each U wire can fit into the cap



0.15 Place the U wires into an empty coca cola bottle



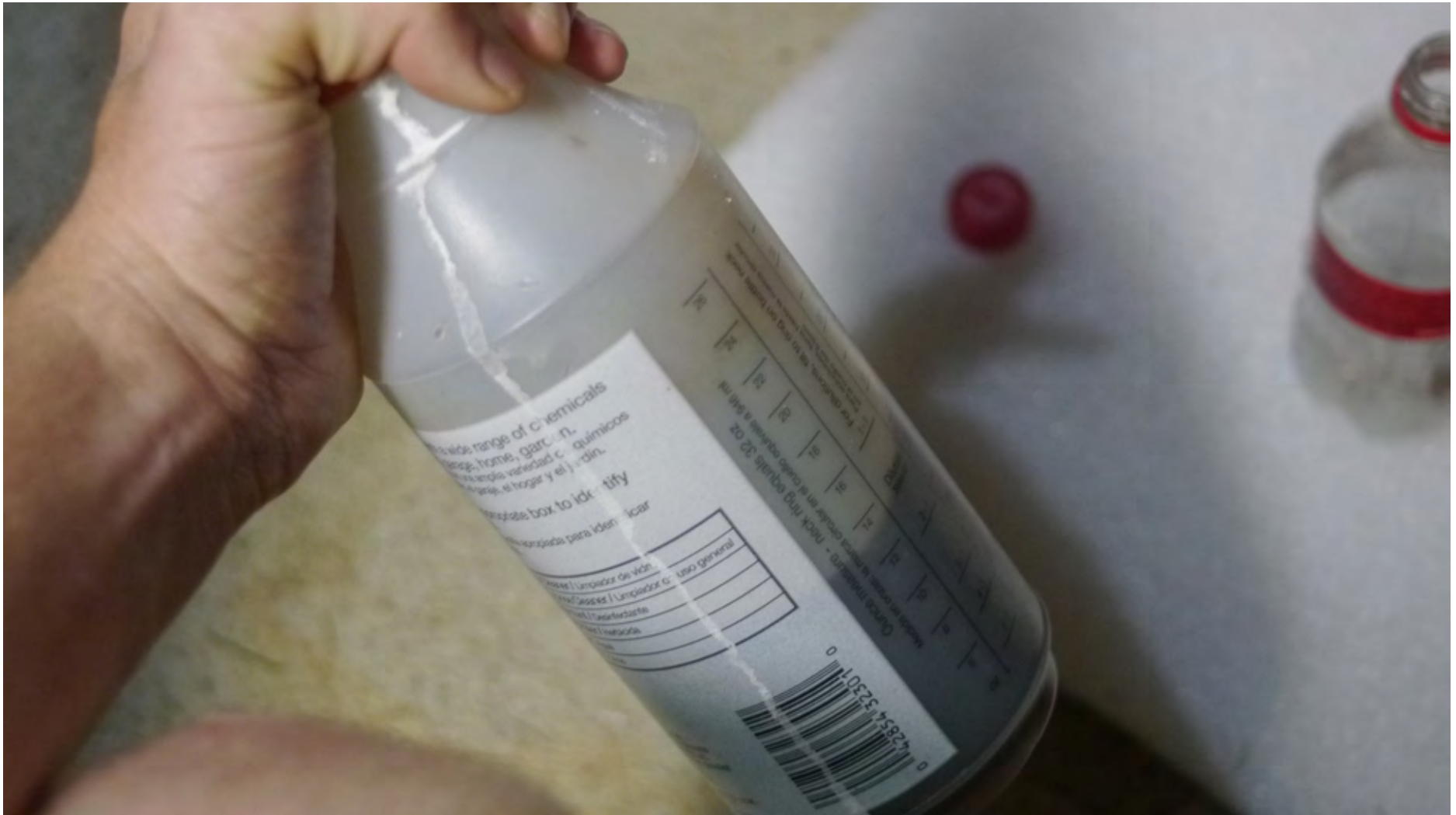
Detail view



0.15 Shake up cold caustic solution



Detail View



0.16 Spray cold caustic liquid into the coca cola bottle. 3 or 4 sprays



0.17 Replace Cap



0.18 Shake up bottle. The liquid will coat the wires



0.19 Rest bottle at an angle to allow the excess liquid to pool away from the copper



0.20 Wait Overnight

Detail View



0.21 Shake bottle



0.22 Rest bottle at an angle to separate liquid from copper



0.23 Wait a few more hours (3 - 4)

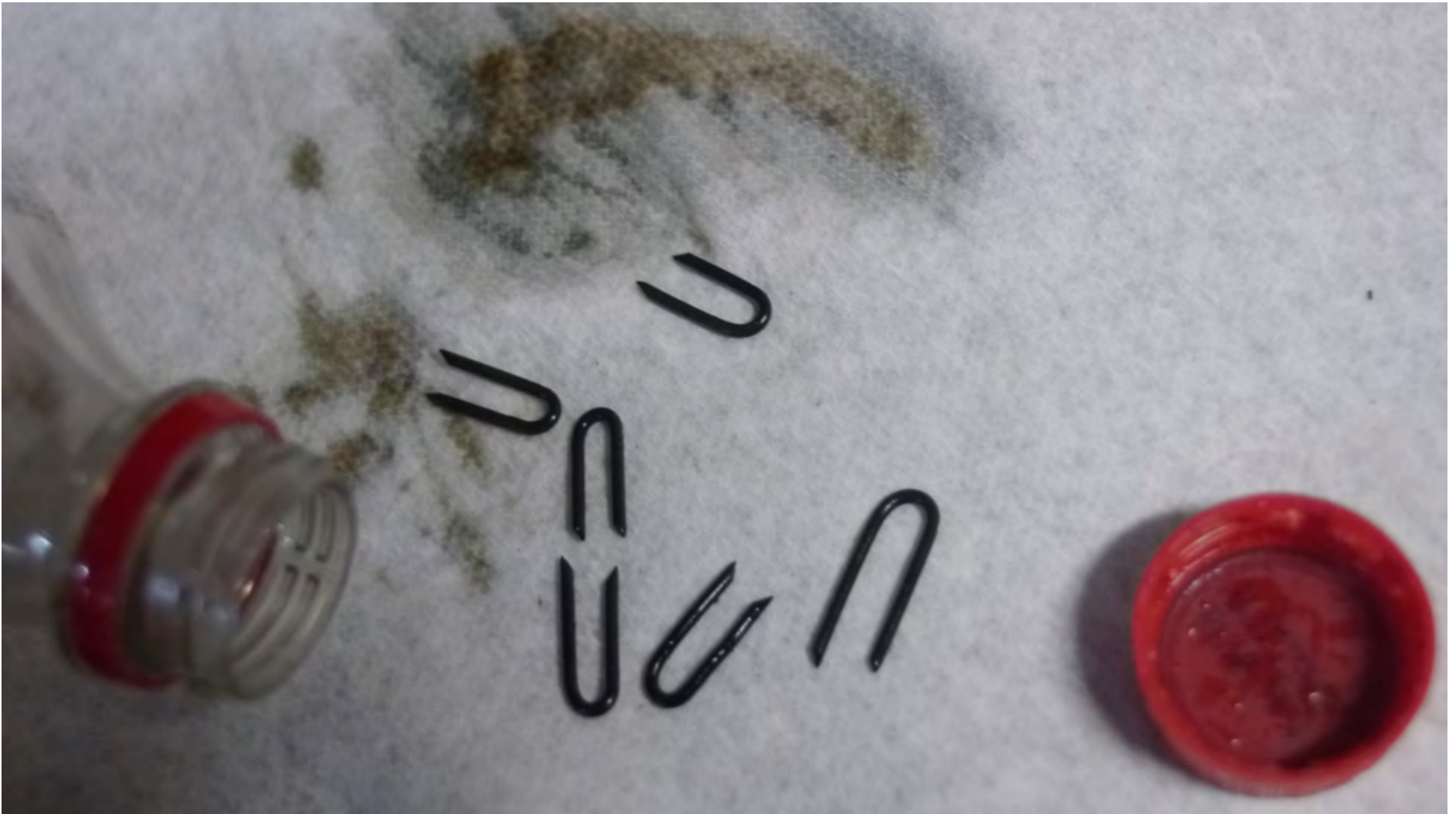
0.24 Open the bottle



0.25 Pour the Wires and Liquid onto a paper towel



Allow wires to dry on the paper towel for an hour



0.26 Acquire Bondo fiberglass resin,
paper cup, popsicle stick, jewelers
digital scale



Resin from a Hardware Store

3M | Model # 20122 | Internet # 202077790 | Store SKU # 451738
Bondo 1 qt. All-Purpose Fiberglass Resin
★★★★☆ (3) ▾ | Write a Review + | Questions & Answers (4) +



Digital scale from ebay



MS 600 Digital Scale Silver Gold Jewelry Coin 600g

 **Top selling product**

Be the first to write a review

Item condition: **New with tags**

Quantity:

1

More than 10 available / **392 sold**

Price: **US \$6.99**

Buy It Now

Add to cart

52 watching

Add to watch list

★ Add to collection

392 sold

Free delivery in 4 days

24 inquiries

Shipping: **FREE** Standard Shipping | [See details](#)

Item location: **Millington, Michigan, United States**

Ships to: **United States**

Delivery:



On or before **Mon. Sep. 21** to 62223
Estimated by eBay **FAST 'N FREE** 

Payments:



Credit Cards processed by PayPal

0.27 Place paper cup onto digital scale



0.28 Set scale to ounce setting and
recalibrate (tare) to 0



0.29 Pour 0.2 ounces of resin into
paper cup



Detail view



0.30 Add 2 drops of resin hardener
(supplied with resin)



0.31 Mix up resin + Hardener



0.32 Place U wire into bottle cap.
Place points close to edge of cap



0.33 Pour Resin into bottle cap, just enough resin to cover wire



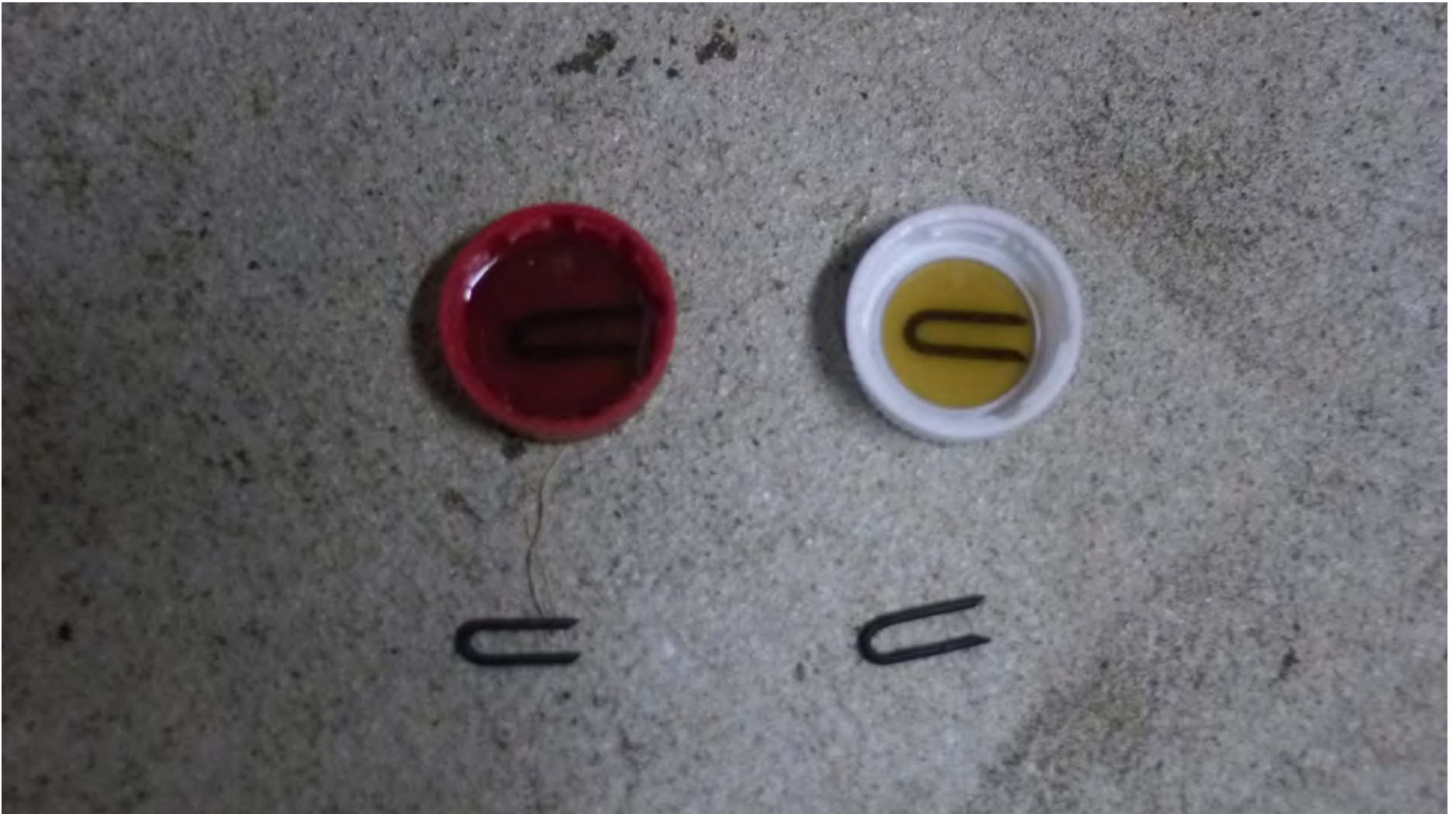
0.34 Allow Resin to harden (10 minutes)



0.35 Pour a second cap if you have extra resin, allow to harden



0.36 Pick out another U wire for every cap



0.37 Place U wires on hard resin directly over U wire embedded in resin



0.38 Repeat resin preparation



0.39 Pour resin on 2nd layer



For every cap



0.40 Allow 2nd layer of resin to
haarden



0.41 Place 3rd U shaped wire directly on hard resin over 2nd layer U wire



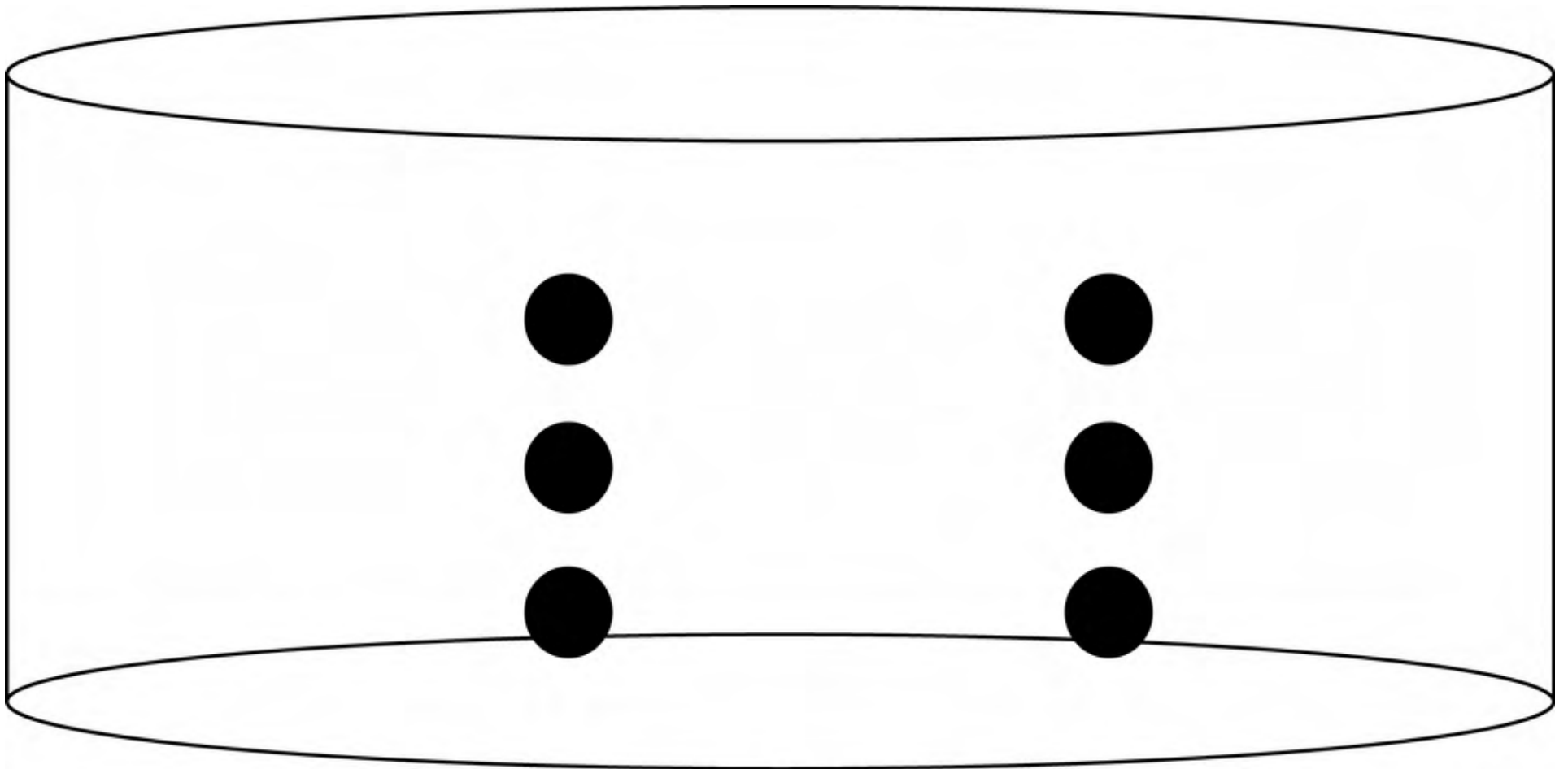
0.42 Pour 3rd layer of resin onto wires



0.43 Allow Resin to harden



Front view or arrangement of wire layers



0.44 Point U wires at pain. In a few minutes the pain is gone



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